



A Quiet Time With God

One of the really **special things** about being God's child is that you get to talk to God. **And He speaks to you too.** That's right... **God is ready to speak to us** whenever we wish to listen.

How can I hear God speaking to me?

To hear what God has to say requires that we spend time with Him. Quiet time. First turn off the TV, the radio, the cellphone, the iPOD, and all the other noises that can steal your time away from God.

Then, **find a quiet corner:** It might be a favourite old chair, or your room, or even the back porch. Take along your Bible and a notebook and pencil.

Focus your thoughts on God. It might help to sing a hymn or praise song, or to just think about all the wonderful things He has created all around you — the flowers, the trees, and the birds.

Pray to God and **tell Him what's in your heart.** Tell Him if something is bothering you. Ask Him to help you and teach you His ways.

Read the Bible — God's letter to you. Read a little bit every day, from beginning to end. God uses this regular reading routine to teach you many important truths.

Ask God to show you what He wants you to know today.

In your own words, write what you learn in a little notebook that you keep just for this purpose.

Pray to God for help in applying His truths in your life. When you're done, thank Him for being with you and for speaking to you through His word.

Your quiet time with God helps you to stay close to Him and to have the power of His Holy Spirit in all that you do. You can adjust parts of this routine as you like — the important thing is to **make time to be with God.** He loves it when His children do that.

Not everyone has the privilege of spending time with God. Only His children get to do it — only those who put their trust in the Saviour Jesus Christ.

Jesus is the only one who can take us into God's presence, so that we can get to know our heavenly Father and have His love & power in our lives.